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Afya Halisi



Gender Analysis of Health Attitudes and Behaviors: WASH and Nutrition Tool for use with Community Members

Nutrition 19-49 years for both Men and Women

Breast-feeding BF Questions for Women

1. What makes it easy for mothers in this community initiate breastfeeding immediately (within 1 hour) after birth? What makes harder?
2. What makes it easy for mothers to Exclusively Breast Feed (EBF) babies 0–6 months? What makes it harder?
3. Are there differences in the way mothers Breast Feed a baby boy, from baby girl?
4. Who are the main decisions makers over whether a baby is Exclusively Breast Feed?
5. Who supports women in this community to EBF?

Breast-feeding BF Questions for Men

1. What is mens' role in breast-feeding? (including children 0-2 years and beyond)
2. What do men do to make it easier for women to breast-feed?

Complimentary Child Feeding: (Ask in Men and Woman Focus Group)

1. At what age is solids/semi-solid foods introduced to girls children? And for boy children? (*probe, is there a difference in the time between when complimentary feeding is introduced for boys and girls?*)
2. What is men's role in complimentary child feeding (6-23 months)?

Access to Food (Quality and Quantity) – (Ask in Men and Woman Focus Group)

1. Who determines the type and amount of food are given to the boy child? The girl child?
2. Are there differences in the types of food given to boys or girls from 6-23 months? If so, what?
3. Are there differences in how boys and girls are fed from 6-23 months? If so what? (*do not read, just for probing, for example are boys fed first, or do they have their own plate, taboo or prohibited for either gender?*)
4. What are the barriers to feeding children with a variety of food?

WASH Questions

1. Are there fears of women/girls to use the toilets? If so, what are they?
2. What are the limitations for using latrines for girls/women? (boys/men)
3. What are the traditional norms around toilet use? (for girls/women; boys/men)?
4. Who fetches and carries water? Boys/girls/men/women both?
5. Do boys and girls have equal access to potable drinking water? If no, why not?
6. Do boys and girls have equal access to soap for handwashing? If no, why not?
7. What is the division of household chores between boys and girls(men/women) related to cleaning the area in and outside the house; and for livestock living home compound?
8. Is livestock consider dirty or unhygienic? If, yes which ones:
 - Chickens
 - Pigs
 - Cows
 - Goats
9. At what points in the day is handwashing practiced?
10. Is handwashing of toddlers encouraged before eating?
11. Is handwashing of toddlers after defecation?
12. Where is toddlers feces disposed of?
13. Where do toddlers plays?
14. Are there things which girls are not able to do when menstruating? If so what?
15. What challenges do girls experience in accessing menstrual pads?